



Issue 29 · January 25, 2023

Zuni Main Street Promoting Local Businesses; Seeking Board Members

Zuni Pueblo MainStreet has been busy during the past months. Here are some of the things we have been doing to support the community.

NM Resiliency Alliance (NMRA) Grant

As you may remember, ZPMS received a \$5,000 grant from NMRA, with ZPMS matching the grant with \$1,825 of its own funds for the ZPMS Event Capacity Building project. The project was to build capacity for ZPMS to hold events throughout the year at less cost and to support the artist community.

We had two New Mexico MainStreet (NMMS) Revitalization Specialists advising and supporting us with the grant. The funds have allowed us to purchase large event tents, a few tables and chairs, and two HP All-In-One desktop computers for the ARTZ Co-op. A few items had to be adjusted due to the rise in the price of other items since the initial estimate. The funds also supported a membership drive for the Co-op.

The artist community has not fully recovered from the pandemic and we hope the art market events will encourage artists to resume their work and support local art galleries that need their artwork.

During the Fall Festival, ZPMS had two tents available at the Old Hawiku property and one at the ARTZ Co-op for artists to sell their work. We also had 19 volunteers who donated a total of 95 hours to make the market happen. Thank you to everyone who volunteered and participated in this event.

The ARTZ Membership Drive had a low turnout which may have been due to the inclement weather. Free hamburgers and hotdogs were available for guests to enjoy and two one-year memberships were to be given away as door prizes. Stop by the Co-op and ask about the benefits of membership and take a look at the equipment that is available for artists.

2023 Planning Session

On January 14, the ZPMS board of directors and

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Twin Buttes Cyber Academy Won the 2022 New Mexico Governor's STEM Challenge



Last December 3, 2022, Twin Buttes Cyber Academy joined for the first time the 2022 New Mexico Governor's STEM Challenge. Their project was: Fatty Acid Methyl Esters from Selected Plant Seeds as An Alternative Biofuel.

It was hosted by New Mexico State University, and drew more than 35 high schools and cyber academies from all over New Mexico. Twin Buttes Cyber Academy received the grand prize from Deloitte! TBCA was offered a Robotics package from Dr. Patricia Sullivan, and an invitation

from the National Radio Astronomy Laboratory Observatory (NRAO) also other known as The Very Large Array, near Datil.

Congratulations to the Teacher Sponsors, namely: Roy B. Basa and Richard Liban; Principal, Ray Hartwig, and Students: Angel Etsate, Jonathan Bellson, Ashley King, Jermyn Kallestewa, Mikayla Yamutewa, Aaliyah Comosona, Kierstin Kaamasee, Lloyd Garcia and Uri Bellson.

Zuni WIC Rolls Out e-WIC Cards

After months of preparation, anticipation, and hardwork, the Zuni WIC Program has offically discontinued the use of paper checks and rolled into the new Management Information System (MIS) called Mosaic.

The new system allows participants to use an e-WIC card to redeem benefits. Official rollout began September 26th, 2022. Being a month old into Mosaic, the Zuni WIC staff is learning as they go, alongside participants and vendors.

As clients express their shopping experiences, the Zuni WIC staff can identify accomplishments and challenges

that participants face at the store level. The Zuni WIC staff is doing their best to work with both WIC participants and vendors to make the experience with e-WIC convenient. With feedback from WIC participants and vendors, every reported issue is crucial to a successful outcome.

Critical feedback from clients is helping to improve WIC services. Their input is crucial to achieving the best store experience. Here is one of many clients' responses when asked, How has your experience

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POST OFFICE BOXHOLDER ZUNI, NEW MEXICO 87327 PRESORTED STANDARD U.S. POSTAGE PAID PERMIT # 3 ZUNI, NM 87327

COVID'S WINTER WAVE IS HERE...

STAY SAFE - KEEP ZUNI OPEN!

Alcohol: The Thorn in Our Community

By Robert K Waatsa, LPCC, LADAC Shumak'olo:wa Health Center

Any mention of alcohol in our community generally evokes images of gatherings, entertainment, and celebrations. Alcohol use or drinking is perceived as socially acceptable despite the potential for alcohol abuse and addiction.

Further, with the recent surge of Methamphetamine and Fentanyl use and its consequences, it appears that alcohol use in our community has been disregarded and largely ignored. Nevertheless, problematic alcohol use is still the number one offender of health disparities, domestic violence, child abuse and neglect, and violent deaths. The purpose of this article is to bring awareness and education to the community of Zuni and to what is necessary to overcome the detrimental and devastating effects of problematic drinking

It cannot be emphasized enough how the misuse of alcohol contributes to a cycle of negative outcomes. According to New Mexico in Depth (2022), a seven-part series titled Blind Drunk, alcohol kills more individuals at a higher rate in New Mexico than in other states. The investigation revealed that in New Mexico, alcohol was involved in more deaths than methamphetamines, fentanyl, and heroin combined. It is also important to note that in 2020, one of the articles indicated that alcohol was involved in more than one hundred deaths caused by automobile crashes, "100 drunken homicides," and 125 people who died by suicide with

alcohol in their blood. However, most of the deaths in New Mexico attributed to alcohol followed from lingering illnesses in "emergency rooms and intensive care units." The study went on to report that alcoholic cirrhosis deaths increased by four times between 1999 and 2020. These deaths were described as "brutal, degrading, and unmercifully prolonged."

This is comparable to alcohol-related fatalities in our community. Shame or stigma is understood as one of the biggest barriers to help; disgrace for the individual who has failed repeatedly and embarrassment for the family who could not fix their loved one's addiction. Looking at problems related to alcohol use in the context of a problem, a solution is inevitable.

Typically, when a person has a problem they want to solve it without understanding what the problem is, which can cause more confusion, frustration, and disappointment. Thus, understanding the problem is necessary. For example, it is helpful to comprehend problematic alcohol use as progressive and fatal. It is progressive since problematic alcohol use never gets better and develops into markedly recurrent physical and psychological problems that negatively affect social, occupational, and interpersonal functioning. It is potentially fatal because it is destructive, incurable, and can cause death.

Although there are other reasons for the development of addictions and barriers to overcoming them, one's

motivation, desire, and commitment to stay sober are essential. I believe that we as Native Americans are at risk of developing alcohol use disorders given the historical and intergenerational trauma, life stressors, adverse childhood experiences, family discord, and physical or mental health struggles to name but a few. However, having a problem with alcohol does not define an individual. Learning how to regulate our emotions, setting clear boundaries, and engaging in self-care can lead to examining and changing the relationship we have with alcohol in the long term.

Liberation from problematic alcohol use is a transformation process; we have to trust this process. As helpers and supporters, we can combine modeling and compassion with accountability.

More important, we have an innate solution, which is our ancestral memory and experience or inherited collection of knowledge and principles. Healing is essentially a yearning to connect with this ancestral past; it is a spiritual path. Thus, spirituality represents a distinctive resource for living, one that is well suited to the struggles with human limitations. It is a source of health and well-being.

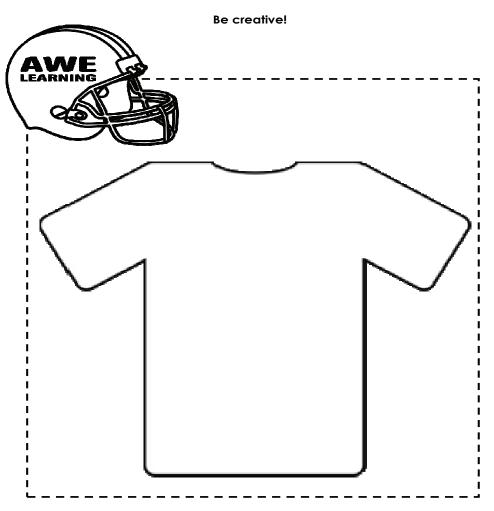
Questioning your relationship with alcohol can be frightening and overwhelming; However, the courage it takes to initiate the spiritual journey is the ultimate gift you can give to yourself, your family, and your community.

Zuni Public Library Sponsors Design Contest

A child and adult content winner will each receive a FAMILY MEAL certificate from Halona or Chu Chu's. These certificates can be redeemed on February 12, Super Bowl weekend.

The winners will also have their designed jerseys made into posters utilizing our poster-making machine. Entries can be dropped off at the library. For more information, call the Zuni Public Library at (505) 782-4575.

Directions: If you were a professional football player, what would your jersey look like? Draw a picture of your jersey below!



HEAD START STILL ENROLLING!



Zuni Head Start Registration School Year 2022-2023

Applications accepted for children 3 to 4 years old children. Child must be 3 years old by August 31, 2022.

Please bring the following required documents:

- . State Birth Certificate
- Social Security Card
- Tribal Census OR Certificate of Indian Blood
- . Medicaid Card
- **Proof of Income:**

2021 Income Tax Forms,

Check Stubs, Employer or Benefits Statement

· Includes services to Children with Specials Needs

 Nutritious, healthy meals provided-CACFP Sponsored' uestions? Call at (505) 782-5758 or visit us at 111 Route 301 South



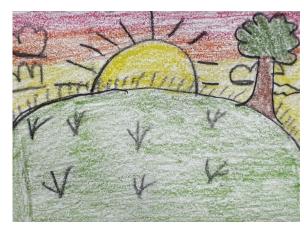
*Child & Adult Care Food Program

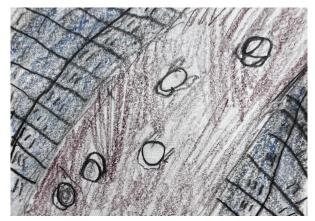
AND JUSTICE FOR ALL

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, Zuni Head Start is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. To file a complaint alleging discrimination, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at http://www.ascr.usda.gov/complaint_filing_cust.html or call at (866) 632-9992.

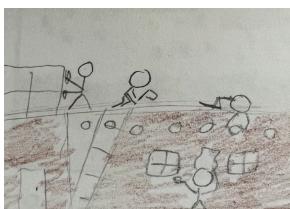
Email form to program.intake@usda.gov

These scenes are reprinted care of Zuni Middle School students now enrolled in a video skills course to explore themes of social and emotional learning. The project is a collaboration between Zuni Middle School and the Zuni Public School District, Zuni Youth Enrichment Project, and A:shiwi College.















Most youth stay
healthy by
spending more
time with family.

As a community, let's work together to continue building stronger connections within our families.





Rural Addressing & E-911: What's Next?

The Pueblo of Zuni Geospatial Information Office collaborated with the University of New Mexico Earth Data Analysis Center to asses the current Zuni Master Street Address Guide. After thorough review of the ever-growing community, UNM-EDAC suggested our community needs to update the roadways.

Suggested updates will benefit not only to the Pueblo of Zuni Public Safety Personnel, but the entire community.

The community has a road inventory of long stretch roadways with side roads leading to clusters of homes. A majority of the side roads are unnamed, causing a delay in response from public safety personnel and the delivery of packages.

Having an unnamed roadway or inaccurate house number causes a great delay especially when first responders are responding to life & death situations; Every second counts. After a year of long and seemingly endless work, the Panteah Administration passed a resolution; M70-2022-P115, "Adoption of Master Street Addressing Guide for the Pueblo of Zuni" on December 21, 2022.

With the resolution in place, Pueblo of Zuni Geospatial Information Office will proceed with the new street addressing and numbering. Not all areas will see major changes, however all homeowners are encouraged to properly install a house number.

What does this mean?

Certain areas of the community will have a new road name to properly identify the cluster of homes. Home owners will be notified prior to the initial install of signage. The Rural Address committee will designate appropriate personnel who will reach out to homeowners regarding the address changes.

Upon receipt of new address changes, homeowners and household members are responsible for updating their personal records, such as State Issued Identification Cards, Financial Institutions, the Zuni Public School District and other entities that require a letter of address verification.

Additional information will be made available to all community members throughout the process. As the changes progress, announcements will be made through the Tribe's social media account and posters at local businesses.

Zuni Tribal Prevention Project Participants Engage in Service Learning

Back in September 2022, the Zuni Tribal Prevention Project (ZTPP) started their after-school program, called Backpack Adventures (BA). BA is an outdoor experiential learning program that ZTPP staff have adapted to include our Zuni culture. Throughout the program, participants will engage in cultural sessions that include games and activities. These sessions will be conducted with the help of our Zuni Cultural Educators. Participants will also explore skills in problem-solving, healthy decision-making, self-efficacy, and wilderness education during outdoor activities like hiking, biking, fishing, and more. ZTPP staff hope to inspire youth to develop positive coping skills and take healthy risks throughout the program.

While in the program, participants are expected to complete two Service Learning Projects. Both are planned and executed by the participants with the support of ZTPP staff. In November 2022, participants were asked how they would like to help the community and created a list of different Service Learning Projects. Participants voted and decided to conduct a clothing drive for Zuni Head Start students. With the weather getting colder, there may be some students who may be in need of clothes. The first task was to make a phone call to the Zuni Head Start Principal, to ask permission to donate clothes to Zuni Head Start students. Staff were proud of the participants for motivating one another, and glad to see their excitement for helping youth in their community.

Throughout the month of November, participants worked to complete the project by creating and distributing flyers, gathering cardboard boxes, and collecting clothes from the community at three different store locations. Participants asked store managers/owners for permission to have collection sites in their store and

received approval. When time came, students collected, folded, and sorted clothes by size and gender. Each bag had at least two shirts and two pants. Some bags even included pajama sets and light jackets.

On December 8th, 2022, participants took all donated clothes to the Zuni Head Start for the final step of their Service Learning Project. With help from the community, over 30 bags of clothes were donated to Zuni Head Start students. When handing over the donations, participants met and received gratitude from the principal and staff at the Zuni Head Start.

Once the project was over, staff had the participants complete journals that asked how they felt giving back to their community. "It feels like I am helping someone in need," one stated. "Happy and not greedy," said another. Lastly, one participant said, "Great! We all helped give back to our community." Staff were happy to hear that the students enjoyed planning the project and giving back. ZTPP staff would like to thank community members who donated their gently used clothes and staff at Major Market and Halona Plaza for allowing our participants to use the stores as donation sites.





Top, right and below: participants make the call to the Zuni Head Start Principal, prepare a script to ask permission to donate clothes for Zuni Head Start students, and fold and sort clothes to be donated. Below left: participants with the Zuni Head Start Principal after delivering the donated clothes





ZYEP Celebrates "Rooted in Healthy Traditions" After-School Program

As 2022 drew to a close, the Zuni Youth Enrichment Project celebrated the successful conclusion of its inaugural "Rooted in Healthy Traditions" After-School Program. Made possible with support from the CDC's Tribal Practices for Wellness in Indian Country, the New Mexico Department of Health, and Native American Agriculture Fund, this dynamic program served 79 children in the Pueblo of Zuni's elementary and middle schools

From Aug. 23 to Sept. 29, 60 Zuni youth in third through fifth grades attended RHT at Shiwi Ts'ana Elementary School. Then, from Oct. 11 to Dec. 8, 19 youth in sixth through eighth grades participated in their own version of the after-school program at Zuni Middle School.

The kids started each session with physical activity, led by ZYEP Physical Activity Leaders Leanne Lee and Tyler Sice. Afterward, they engaged in core activities in three focus areas: Traditional Art, led by Assistant Art Coordinator Kandis Quam and Art Leader Liam Simplicio; Knowledge Sharing, led by Youth Development Leader Norene Lonasee; and Food Sovereignty, led by Food Sovereignty Leaders Dylan Solomon and Kenzi Bowekaty.

RHT Director Tara Wolfe and RHT Coordinator Kiara Zunie supervised the program. Wolfe said physical activity was an essential part of each gathering.

"We wanted the kids to be physically active for at least 45 to 60 minutes a day, especially after a day of school," she explained. "That meant playing Zuni versions of well-known games, such as Ninja Juice, which is similar to Red Light Green Light. "They also played tag and basketball, and they learned some yoga," she continued. "Most importantly, they engaged in team-building. We loved watching the ZMS students build on their



communication and leadership skills throughout the program."

The nonprofit youth organization designed each RHT focus area to strengthen the connection young people have with their Zuni language and culture. Physical activity, traditional art and knowledge, and food sovereignty are all critical to the long-term well-being of the Zuni community, and today's young people are tomorrow's leaders and culture bearers.

In Traditional Art, elementary-school students learned to weave on canvas, while middle-schoolers learned to weave traditional belts and hair ties. Weaving, an ancient art, is deeply rooted in Zuni culture.

In Knowledge Sharing, all children received homework help before the beginning of the core activity, and they learned Zuni language through clanship games, Zuni word searches, "Ho' le'shina" ("My name is") activity cards, and making paper mache offering bowls. Middle-schoolers had the opportunity to visit last year's Shalako houses.

"Students carried in donations as they were greeted by the hosting families," Wolfe said. "The young girls assisted in peeling corn, washing dishes and helping around the house, while the young men helped chop wood and load it into the outside oven in preparation for breadmaking. From RHT staff and the host families, students learned about the importance of the winter solstice and what it means for the Zuni people."

In Food Sovereignty, all program participants learned about traditional Zuni gardening practices. They visited community gardens and learned to harvest, put a garden to rest for the winter, and seed save.

Program mentors also incorporated Zuni language into the students' experiences, giving them opportunities to learn new words each week. And, they learned to make healthy recipes like fresh mango salsa with blue corn chips. "With every activity, the students were able to understand our ZYEP Food Sovereignty motto: We Grow, We Eat, We Share, We Save," said Food Sovereignty Leader Dylan Solomon Jr.

The RHT program at Shiwi Ts'ana concluded with a field day, gift giving, and healthy pizza from Mustard Badger Catering. The middle school program ended with a RHT Family Paint Night, held at ZYEP's Ho'n A:wan Park on December 12.



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been using the e-WIC card?

"It has been great; it's been easy. I feel like I don't have to hassle around to get everything that would be on one check. I can go in and get what I need to get. The convenience of using the e-WIC card is easier than going through checks. I like it, it is so much easier and faster."



What can WIC do to make the experience better? "Probably more training on the vendor side. Most stores are okay, but I feel like one store needs more training. Everytime I go, they need time to figure out what to do and I feel like I am holding up the line."

Above all, the Zuni WIC Program would like to extend



their appreciation to the New Mexico Indian Tribal Organizations (ITO), Mosaic Project, all WIC participants, and Zuni WIC Vendors for their patience, cooperation, and dedication throughout the e-WIC process.

Staff is encouraging children up to the age of 5 years old to continue participation. For more information or questions on eligibility, please call (505)-782-2929. We are happy to serve; pregnant, breastfeeding, and postpartum women, infants, and children up to 5 years old.



Back row (L-R): Malanie Seowtewa, Michelle Laiteyse, Middle Row(L-R): Brenda Boone, Olivia Nastacio, Lynelle Besselente, Font Row: Ruby Wolf (Director)

Public Service Announcement from Zuni Game and Fish Enforcement

Safety Tips for Winter Months

During the winter months, the Zuni Game and Fish Department frequently receives calls regarding children playing on the frozen lakes in the community. While it is tempting to walk out onto the ice when the lakes are frozen, this can very dangerous. Due to the change in temperature during the daylight hours, the ice can become weak and unstable. Please help keep our community stay safe by not allowing children to play on the frozen lakes and by reporting children out on the ice to the Zuni Police Dispatch at 505-782-4493 or 911. Your help in keeping our children safe is greatly appreciated.



Exposure

With the low nighttime temperatures we have been experiencing, the possibility of frostbite or hypothermia increases. For someone under the influence of drugs or alcohol, the risk is even higher due to their lack of awareness that hypothermia may be setting in. If you encounter intoxicated persons outdoors in cold weather, encourage them to stay indoors or contact Zuni Police Dispatch at (505)782-4493 or 911. Your assistance may save a life.



When you go outdoors for wood hauling, tending livestock, hunting, or just travelling in the winter, take extra warm clothes, blankets, food, water and a way to make a fire in your vehicle, just in case of an emergency where you may be stranded without help readily available. Keep cell phones fully charged when leaving home. Before you head outdoors, always tell a responsible person where you are going and when you expect to return, so they can call for help if you don't return on time. If you become lost while outdoors, stop and stay where you are and build a fire

Main Street continues from page 1

executive director held a session to plan for 2023. The session was very productive with discussions on how we can continue to support the community through economic revitalization.

Some of the topics discussed were the hosting of at least four artist events, to include the possibility of the ZPMS Festival in May dependent on COVID precautionary restrictions. Another item addressed beautification and improvement to the Highway 53 corridor. We will also be working more with business owners to help meet some of their needs. ZPMS will request assistance from a NMMS Revitalization Specialist for some of these projects.

One of the services ZPMS is engaged in is the marketing of Zuni. We have partnered with Zuni Tourism to bring visitors to Zuni. Visitors bring an economic boost to the community, as they patronize the local shops and purchase Zuni products during events. We will continue to take advantage of available resources in 2023 such as NM Tourism and other outside organizations to promote Zuni. We also utilize grant funding and some of our general funds to purchase marketing services that reach our target market.

Moving Forward: In the next few months, look out for the ZPMS Impact Report (annual report) that we are working on, and which will have ZPMS activities from 2022. We also invite participation on the board of directors and volunteers during events and projects. ZPMS board meetings are held every third Thursday of the month at the Zuni Visitors Center at 5:15 PM. We have a great team on the board of directors and hope you will join us.

In Februarwy, a board member and director will attend the NMMS Winter Conference in Santa Fe, and in March the Main Street Now Conference in Boston. The conferences give us information and resources we bring back to Zuni.

In 2022, ZPMS went through an annual accreditation review and we are happy to announce that we are a 2023 MainStreet accredited organization.

The accreditation takes much effort and work by the ZPMS board and volunteers to meet the guidelines set by Main Street America. The accreditation allows ZPMS to take advantage of resources from NMMS at no cost to us of the Pueblo of Zuni.

We are also reliant on donations and fundraisers to support our work. We ask for your support by either donating directly to ZPMS through our website, http://zunipueblomainstreet.org/, or participating in fundraising events.

We will talk again next time!

Office of Planning & Development Update: Zuni Fair Building Construction to Begin; RedBolt Installation Under Way

Zuni Fair Building Project

A Notice of Award has been issued to Khapo Construction from Santa Clara Pueblo to construct the new Fair Building. Construction is tentatively scheduled to start in the Spring when the weather improves. Project updates will be published when project milestones are reached. We are excited to start constructing this long overdue building for the community!

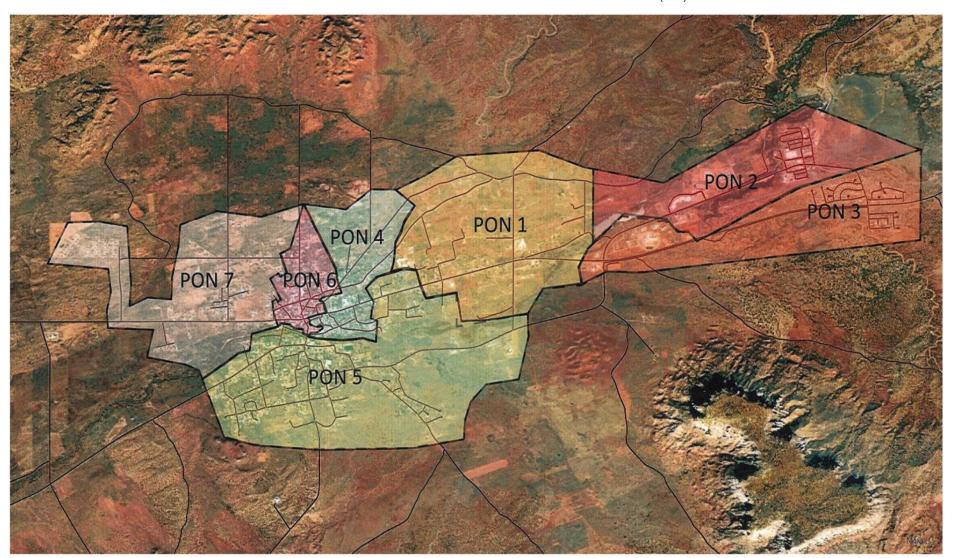
RedBolt Broadband Project

As of January 18, 2023, RedBolt has connected everyone in PON 1. PON 2 is ready for connections, PON 3 is getting ready for service, PONS 4 and 6 are currently in construction and PON 5 (Middle Village) is off-limits for the time being. For those outside the current service area, estimates are being produced for service to get connected to those homes. All PONS should be connect-

ed by May 1, 2023. See the map below for reference:

You are not obligated to connect service, but you are reminded that this service is FREE OF CHARGE FOR 3 YEARS, as paid by the Tribe!

If RedBolt is installing on your street and hasn't scheduled your installation, please call RedBolt at (505) 658-2487 ASAP.



The Zuni Police Department in conjunction with Catapaultk12 & WeTip Program, the community can anonymously report suspicious and unlawful activities.





Submit a crime anonymously

Report Crime Hotline: 800.78.CRIME

https://www.wetip.com/submit-a-crime-tip/

Murdered and Missing Indigenous Women & Girls

MMIWG at the National Level

84% of AI/AN women have experienced violence in their lifetime.



56% experience SEXUAL VIOLENCE.

55% experience PHYSICAL VIOLENCE by an intimate partner.

48% experience STALKING.

66% experience PSYCHOLOGICAL aggression by an intimate partner.

AI/AN women are 1.2 times more likely than non-Hispanic women to experience violence in their lifetime.

AI/AN women are **NEARLY 2 TIMES MORE LIKELY** to have experienced violence in the past year.

Number of
AI/AN women
entered as
MISSING in the
National Crime
Information
Center Data Base

5,711 in 2016.

5,646

in 2017.

2,758

in the first SIX MONTHS of 2018. AI/AN peoples experience violence at more than **TWICE** the national average.

Rates of violence on reservations can be up to 10x the national average

MURDER is the THIRD leading cause of death of AI/AN women.

MMIWG in New Mexico & the Southwest



According to the 2010 Census, New Mexico has the *fifth largest Al/AN population* in the US. Yet, New Mexico has the highest number of MMIWG cases in the country.

In the Southwest, 46% of Native American women surveyed reported that they had been the *victim of sexual assault or violence in their lifetime*.

Average age of victims: 31 years old.
25% of victims were under the age of 18.
ONE THIRD of victims had NO relation to the perpetrator.

Legal Jurisdiction: A Major Challenge

>> In 1978, the U.S. Supreme Court held that Tribal Nations DO NOT have criminal jurisdiction of non-Indians for crimes committed on tribal lands.

Tribal governments can only exercise jurisdiction if a perpetrator is a *known* AI/AN person.

32% of sexual violence cases occur on the reservation.

57% occur in urban areas.

Prepared by:





In Partnership With:

New Mexico Indian Affairs Department

VIOLENCE AGAINST WOMEN ACT (VAWA)

The 2013 reauthorization of VAWA restored Tribal jurisdiction over non-Indians for domestic violence and dating violence within Tribal lands. This jurisdiction has not been extended for crimes such as murder or sex trafficking.

After expiring in 2019, the reauthorization of VAWA is still pending in the U.S. Senate.

For more information on this issue and to view a full list of sources and citations, see:
"Missing and Murdered Indigenous Women & Girls:
 A Briefing Paper"
 Lead Author: K. Huyser
UNM Native American Budget & Policy Institute
 nabpi.unm.edu/research



