



**Pueblo of Zuni COVID-19
EMERGENCY MANAGEMENT INFORMATION CENTER**

The Teen Health & Family Wellness Center and the Zuni Recovery Center will be opening warmlines for Zuni Community Residents who may need someone to talk to, during this time of crisis. Zuni Community Residents do not need to be a patient or client, but seeking needed support. Our Licensed Mental Health Counselor and Licensed Alcohol and Drug Abuse Counselors who will be available to on the warmline follows:

TEEN HEALTH & FAMILY WELLNESS CENTER

Warmline: 505-870-7663 **Hours of Operation:** Mon. 9-12pm, Wed. 1-5pm, Fri. 9-12pm

Services are provided to individuals ages 9 years and older, by a Licensed Mental Health Counselor (LMHC).

List of possible reasons to call a Behavioral Health Counselor:

- General Anxiety
- Loss of security
- Shock, worry, stigma
- Bereavement/unresolved grief/loss of loved one
- Effects of social isolation (self-imposed)

- ✓ Caller will be screened during the process.
- ✓ All service calls will be done by telephone: Mobile cellphone minutes will apply.
- ✓ Caller may provide their Medicaid or health insurance information, but is not required. Caller will still be provided services.

ZUNI RECOVERY CENTER

Warmline: 505-862-2126 **Hours of Operation:** Monday, Wednesday, Friday: 9-4pm

Services are provided by Licensed Alcohol & Drug Abuse Counselors.

List of possible reasons to call a Licensed Alcohol & Substance Abuse Counselors:

- For Individual and or family substance use. (for example: drugs and or alcohol use)
- For an individual who trying to maintain their sobriety or relapse prevention, during COVID-19
- Dealing or coping with a family members addiction or abuse

- ✓ Caller will be screened during the process.
- ✓ All service calls will be done by telephone: Mobile cellphone minutes will apply.
- ✓ Caller may provide their Medicaid or health insurance information, but is not required. Caller will still be provided services.

Please call 911 or visit the Zuni Indian Health Emergency Services for:

- Suicidal ideation
- Severe depression
- Extreme anxiety
- Multiple stressors
- High level of distress
- COVID-19 symptom calls